



## COUPLES TRAINING OVERVIEW

### **OUT ISLAND GET AWAY Leg 2 Bimini to Nassau ( on the go, sail and go)**

A combination of voyaging and the live aboard cruising life because we have a somewhat of a schedule this segment needs to be flexible in the itinerary and may require adjusting destinations based on wind and wave.

Bimini to Nassau, this leg will begin in Bimini; where we will need to wait for a weather window to cross the Bahamas bank to Chub Cay, at the southern end of the Berries. OR if the proper weather does look favorable we will sail around Great Isaacs light to Great Berry Island., this leg consists of at least one overnight then island hopping through the Berries. Ending in Nassau to dock and play at the magical ATLANTIS Casino and Resort. There will not be too much time to stop and play along the way, but experiencing ATLANTIS by staying on your own private yacht may be worth it!

### **OUT ISLAND GET AWAY Leg 3 Nassau to Eleuthera (leisure days lots of play)**

Arrive in Nassau and spend a day at the magical ATLANTIS Casino and Resort, stay aboard your own private yacht while you play at the world's most incredible water park.

We will provision at the local market, watch for a good weather window then set sail for the "glass window" called so since you can see through to the Atlantic from the banks of Eleuthera through a large hole in the cliffs. To get there we will be sailing one really long day in potentially boisterous conditions until we arrive in the bight of Eleuthera. Then cruising along the leeward side of the island in smooth seas we will be stopping to anchor in Hatched Bay a warm and friendly town. ( I once noted the store was closed only to find the owner happy to come on down and open just for one bottle of Rum) Spend the day over at the beach or hike to the caves and explore. Sail south to Governors Harbor, stroll the settlement and maybe go for dinner ashore or hit the internet at the local library. The cruise ends at Rock Sound another small settlement near the airport at the southern end of the island. Eleuthera is 90 miles long and ¼ mile across at the glass window to 3 miles across at the southern end and is home of the most friendly people in all of the Bahamas.

### **OUT ISLAND GET AWAY Leg 4 Eleuthera to Georgetown ( Sail, snorkel, beach party)**

Meet us in Rock Sound and spend the afternoon provisioning the boat and stowing and securing gear. After checking the weather, we'll eye ball navigate Grossman's channel and head across Exumas sound for a mooring at Warderick Well's Land and Sea Park.

Spend a day snorkeling and exploring. Sail south for Guana Cay, or take the inside passage if the sound is too rough. Spend a lazy day on the hook or exploring a secluded beach. Sail on south to Georgetown Harbor known to cruisers as chicken harbor (this is often the end of some cruisers dreams or why continue we are there!) The on going cruising community sponsors local parties and events; like celebrating the voyage of the Titanic by having the biggest motor yacht hold a costume party, with singing and dancing, complete with dinghy valet service. Sadly you'll have to go home from here, but I bet it won't be long before you long to return.



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### **OUT ISLAND GET AWAY Leg 5 Exumas Cruising ( Sail, snorkel, beach party)**

You begin in Georgetown, provision in the local market, spend some time to stow and secure gear, after listening to the morning cruising radio net for the weather, together we'll plan the next anchorage, maybe a long day sail to Great Guana Cay, stop and explore, continue sailing on the next day to Warderick Wells Land and Sea Park to experience the best kept secret in the Exumas where the Lobsters walk out and about in plain view. Spend a full day enjoying the park, then cruise on back to Georgetown to experience the fun and maybe the volleyball games.